

Area 7. Lifelong Learning & Holistic Development

GE Inclusion Course Submission Form

Course Information

1. Course Number and Title: Work Experience General 191 (WEXP)
2. Units: Can earn between 1-4 units each semester
3. New Course: ☐ Existing Course: ☒ (Check one)
4. Date of current submission: 1/13/2025
5. Submitted by: Brittney D. Faulkner
6. Was this course previously submitted to the GE Committee for this area?
Yes ☐ No ☒ If yes, date of previous submission: Click here to enter text.

Required documents/information checklist:

- ☒ Course has been approved by the Curriculum Committee
- ☒ Current Course Outline of Record (no more than 3 years since previous update)
 - See [Curriculum Committee webpage](#) for most recent COR
- ☒ Current assessment report for the course Student Learning Outcomes, if available (as part of a regular assessment cycle)
- ☒ Verify that this course is closely aligned with GE Area 7 by reviewing Area Description below.

Area 7 Description

Courses in lifelong learning and holistic development are designed to equip learners for lifelong understanding and development of themselves as integrated physiological, social, and psychological beings. Content may include topics such as student success strategies, human behavior, nutrition, physical and mental health, stress management, social relationships, or other avenues for lifelong learning and development. Courses in this area shall focus on the integrative development of skills, abilities, and dispositions. Courses fulfilling this requirement may include introductory or integrative baccalaureate-level courses in physical education, health and wellness, intercollegiate athletics, psychology, and related disciplines.

Course components	Complete this section with information taken from the current Course Outline of Record	Provide evidence that course components align with Area Description (pg 1)
Course description	<p>Students employed in a job that is not directly related to their college major may earn up to four units. The students must have the approval of the Coordinator of Cooperative Education, or his/her designee and the employer must agree to evaluate the student's performance. A minimum of three (3) Measurable Learning Objectives must be established to ensure that the student will gain worthwhile job skills/knowledge.</p>	<p>The Work Experience 191 General Course is designed to bridge the gap between academic learning and professional development by focusing on goal setting in both personal and professional settings. This course aligns with the ethics of lifelong learning and promotes holistic development, integrating students' physiological, social, and psychological well-being. Through a combination of real-world, hands-on training and academic opportunities, the course provides students with valuable experiences that improve their cognitive and emotional intelligence. By participating in this course, students will gain practical skills that support their long-term professional growth, while also developing important personal development that supports their overall success and well-being.</p>
Student learning outcomes	<p>WEXP 191 #1: Given information and guidance, students will be able to formulate a career plan that will assist them in developing a pathway to achieving individual career goal based upon their performance and achievement of the measurable job-related behavioral learning objectives. Assessment methods vary depending on employment sites and individualized learning objectives. Assessment could include skill demonstration, written evaluation and employer feedback.</p> <p>A. Skill demonstrations B. Problem solving assignments or activities</p> <p>WEXP 191 #2: Given individual instruction, students will be able to</p>	<p>Work Experience 191 General Course closely aligns life learning and holistic development especially when students are provided with opportunities that can reflect career guidance, measurable learning objectives, and skill development. Students will be able to develop career planning and pathways in achieving their individual career goals based on their academic goals. Students are encouraged to learn and be exposed to behaviors that are necessary for success in the workplace. They will learn soft skills such as communication, time management, being a team player, and adapting to the work environment and much more as these fall under a holistic approach.</p> <p>Students will self-evaluate and assess on their own progress while developing their goals in the</p>

	<p>demonstrate knowledge of career opportunities and employment outlook. Assessment methods vary depending on employment site and individualized learning objectives. Assessment could include skill demonstration, written evaluation and employer feedback.</p> <p>A. Skill demonstrations B. Problem solving assignments or activities</p>	<p>workplace. Holistically students will be able to communicate and collaborate with a diverse community throughout the Tulare and Kings County. This will be done through verbally and in writing reports. Lastly, problem-solving tasks within real world situations will help students embed in emotional, ethical, and personal development that can overall help the student growth academically and professionally.</p>
Course objectives	<ol style="list-style-type: none"> 1. Given information and career guidance, students will be able to formulate a career plan that will assist him/her in developing a pathway to achieving individual career goals based upon performance and completion of measurable job-related learning objectives. 2. Develop knowledge of productive employee behaviors. 3. Identify and accomplish a minimum of three Measurable Learning Objectives (MLOs) that are agreed upon by student, site supervisor and COS instructor. 4. Work at a site that offers unique learning opportunities, customized to individual students and participation site. 	<p>Work Experience 191 General Course, does align with life learning and holistic approach by helping students learn measurable learning objectives. The course focuses on enhancing strategic skill development, improving communication abilities, and fostering effective time management. Students will be trained to complete tasks within given timeframes, monitor and manage their work hours, reduce task duration, and establish consistent routines. They will also learn to manage procrastination through goal setting and by adhering to time limits for specific duties. Additionally, the course will offer students hands-on training, allowing them to apply classroom knowledge to real-world work environments, as a result bridging the gap between theory and practice.</p> <p>In addition to skill development, the course is designed to expose students to new career paths and potential growth opportunities within their industries. They will have the chance to explore different roles, consider new academic majors, and gain insight into the operational</p>

		<p>needs of organizations. By learning new tasks and taking on various work projects, students will develop a deeper understanding of the organization's structure and objectives. Ultimately, the course goals are to increase students' confidence, reduce procrastination, and prepare them for future professional success by providing them with necessary skills and practical experience.</p>
Course topics	<ol style="list-style-type: none"> 1. Knowledge of state and federal laws related to employment. 2. Gain knowledge of the worksite by participating in activities designated by the employer and developing and complete objectives set by student, supervisor and COS instructor. 3. Develop, discuss, and seek approval for 3 learning objectives with the instructor. <ul style="list-style-type: none"> • Learning objectives have components: <ul style="list-style-type: none"> ○ What does the student plan to learn ○ What will be the expected result of the student's learning 4. Review and approval of the student's qualifications; analysis of proposed work-site station in relation to educational goals with Work Experience Program Coordinator instructor. 	<p>Work Experience 191 General Course, is designed to support students in both their academic and professional growth. By holding key objectives, students will not only enhance their academic knowledge but also develop valuable skills relevant to the workplace. This course is structured to provide students with a thorough understanding of current federal laws related to employment, ensuring lifelong knowledge and personal development that extends beyond the courses. Students will be encouraged to take on new tasks and challenges, promoting growth in self-awareness, problem-solving, and teamwork, all while building strong communication skills.</p> <p>This course will also cover a range of important topics, including federal employment laws, gaining knowledge of workplace environments, and developing measurable learning objectives. Students as well will learn how to create a self-evaluation report, reflecting on their progress and areas for improvement. Additionally, the</p>

		<p>course emphasizes the importance of effective communication and the ability to work in diverse settings, guaranteeing that students are well-prepared for professional success in any career path they choose. This holistic approach to learning is designed to provide students with the necessary skills they need to thrive both academically and in their future careers.</p>
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